

Some programme details

This year's CNE week promises to bring you a week of top quality orienteering.

The three main events :

- French night championship, thursday 22/10 on the Plateau du Larzac near to La Pézade,
- French sprint championship, Béziers, saturday 24/10,
- then back to the Larzac sunday 25/10 for the CNE relay.

The organisers are as far as possible holding the main events on new terrain. The night championship will partly use an existing map, but most courses also visit a legendary area not used for competition since 2005. The area has been completely remapped to modern standards for the occasion. The city of Béziers will host its first ever orienteering event with the sprint championship (both heats and final). The CNE relay will be held on a brand new area near Les Rives, runnable semi-open terrain among the best the Larzac can offer for rock and contour detail.

To complete the week, there'll be night training at Le Caylar on monday, a regional event on tuesday on the much loved area of Le Figayrol, and a forest sprint event friday 23rd at Le Salagou. The Lac de Salagou is a well-known area of very detailed red ravines, difficult to read at the usual ISOM scale, so we've remapped it for you as a sprint map at 1:5,000. This change of scale we hope will allow you to fully enjoy the complexity of the terrain without straining your eyes to read the map.

The Larzac is renowned for its technical difficulty, but the planners will bring you courses that are both fun and technically demanding without leaving you thrashing around in the bushes at night searching for hidden controls. Together with the training areas to help you get to grips with the mysteries of the Larzac, you're guaranteed a good week's orienteering.

Programme :

Monday 19 october : night training, Le Caylar (34)

Tuesday 20 october : regional event, Le Figayrol (12)

Wednesday 21 october : rest & tourism or night training again at Le Caylar

Thursday 22 october : French night championship, Les Rives (34)

Friday 23 octobre : forest sprint, Le Salagou (Clermont l'Hérault, 34)

Saturday 24 october : French sprint championship, qualification (morning) and final (afternoon), Béziers (34)

Sunday 25 october : CNE relay, Les Rives (34)